

Neurotoxin (Botox or Dysport) Pre + Post Treatment Care:

BEFORE YOUR APPOINTMENT

To help minimize the risk of bruising, we recommend avoiding the following for 3–7 days prior to treatment unless medically necessary or prescribed by your physician:

- Aspirin
- Ibuprofen (Advil®, Motrin®)
- Naproxen (Aleve®)
- Fish oil supplements
- Vitamin E
- Ginkgo Biloba
- Alcohol

Please arrive with a clean face free of makeup when possible.

AFTER YOUR TREATMENT

For the first 4 hours:

- Remain upright
- Avoid rubbing, massaging, or applying pressure to treated areas

For the first 24 hours:

- Avoid strenuous exercise
- Avoid excessive heat exposure (saunas, hot tubs, steam rooms)
- Avoid alcohol if possible

Avoid facials or facial treatments for at least 2 weeks

Mild redness, swelling, tenderness, or small injection-site bumps may occur and typically resolve within a few hours.

RESULTS

- Initial effects may begin within 3–5 days
- Full results are typically visible in 10–14 days
- Results generally last 3–4 months

Please contact our office if you experience unusual swelling, difficulty swallowing, vision changes, or any unexpected symptoms.

D'Vine Medical Spa
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